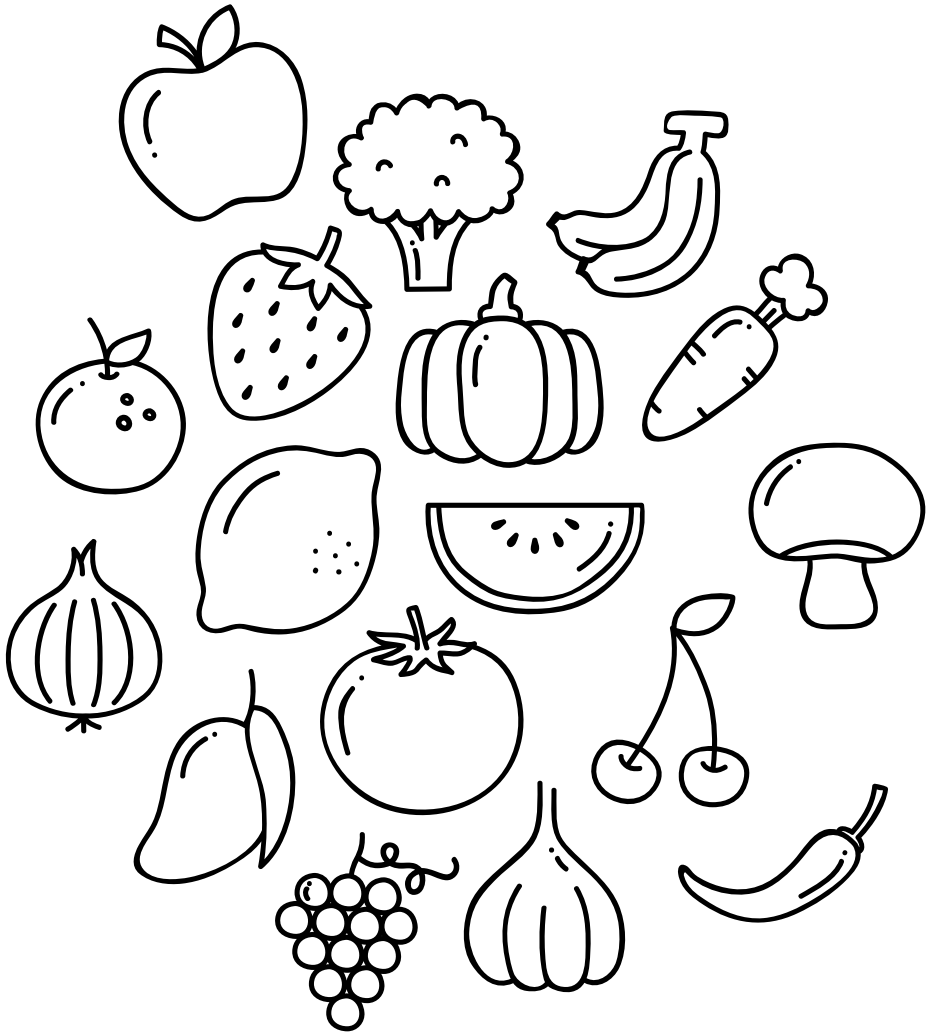
2019

Charlotte VEGFEST



Charlotte VEGFEST

is a celebration of healthy, sustainable and compassionate eating that explores the endless benefits of vegan living. The vision behind this festival is to educate, connect and create a more compassionate community in the Carolinas. The 8th annual Charlotte Vegfest features a variety of vegan foods, local restaurants and vendors, cooking demos, speakers and family fun!

www.charlottevegfest.com

Schedule

The 8th Annual CHARLOTTE VEGFEST is organized by Julia Simon of Nourish, The Glassbergs: Rami, Andrea, and Josh; Theresa LeBlanc, Chef Matt Martin, Sam Phillips of VeganCLT, Shaun Bowman of Vegan_Appeal, Morathi Howie of Vegan Love Culture, and Jessica McCarton, RD.

Thank you for joining us! Keep up to date at charlottevegfest.com!

11:00 a.m.	**Leilani Munter, Leilani.Green** *Speaker Area*
11:30 a.m.	**Chef Daniel, Dot Dot Dot** *Chef Demo Area*
11:40 a.m.	**Justin Rhederick,** Bitcoin Vegan *Speaker Area*
12:20 p.m.	**Health Panel** *Speaker Area*
12:30 p.m.	**Chef Shane**, Shane and Simple *Chef Demo Area*
1:15 p.m.	**Cindy Calhoun,** North Carolina Food Innovation Labs *Speaker Area*
1:30 p.m.	**Chef John,** Schaal Foods Fermentation Demo *Chef Demo Area*
1:55 p.m.	**John Lewis,** Badass Vegan *Speaker Area*
2:30 p.m.	**Chef Barry,** Sanctuary Bistro *Chef Demo Area*
2:35 p.m.	**Erin Fergus,** Vegan Pro Physique Competitor *Speaker Area*
3:15 p.m.	**Inclusivity Panel** *Speaker Area*
3:30 p.m.	**Chef Joya,** Cooking with Joya *Chef Demo Area*

PROMOTE VEGAN LIVING

VegFund empowers vegan activists worldwide by funding and supporting effective outreach activities that inspire people to choose and maintain a vegan lifestyle.

APPLY FOR A GRANT TODAY
vegfund.org

VEGFUND

HOST YOUR OWN

Vegan Food Sampling
Vegfest or Fair
Film Screening/PPV
Learning Event
Innovative Outreach

HOW IT WORKS

APPLY FOR A GRANT

HOST YOUR EVENT

GET REIMBURSED

APPLY FOR A GRANT TODAY
vegfund.org/apply

VEGFUND

Vegan Classifieds

HELP WANTED

Nourish is hiring!
Sous-chef-in-training and dish/entry level prep positions are both available. Competitive pay and food benefits, and more! Email your resume to info@nourishcharlotte.com.

Zizi's is hiring for events! Primarily in Charlotte. Duties include awesome customer cashier service, short order cook and janitorial duties. $10/hr plus tips. Email resume: awesomevegan2go@gmail.com

Fern, Flavors From The Garden, is hiring!
We are looking for both entry level and experienced cooks. Please email your resume to Garrett@FernFlavors.com.

Viva Raw is looking for that special someone to assist with sales at the 7th Street Public Market for a limited number of hours each week, especially Sundays. Email scott.harris@viva-raw.com for details.

Piedmont Farm Animal Refuge is hiring!
We are a sanctuary for rescued farm animals, and are seeking a part-time Animal Caregiver. Join our dedicated team of passionate animal lovers! See details at: piedmontrefuge.org/employment

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VOLUNTEERS NEEDED

Changing Hearts Farm is looking for volunteers who can lead their own sanctuary tours and help people connect with the animals. Email info@changingheartsfarm.org for more info!

The Humane League is looking for volunteers! Please reach out to kjoseph@thehumaneleague.org for all kinds of fun opportunities!

CHARLOTTE VEGFEST 2019

Merchandise Mart FREEDOM HALL

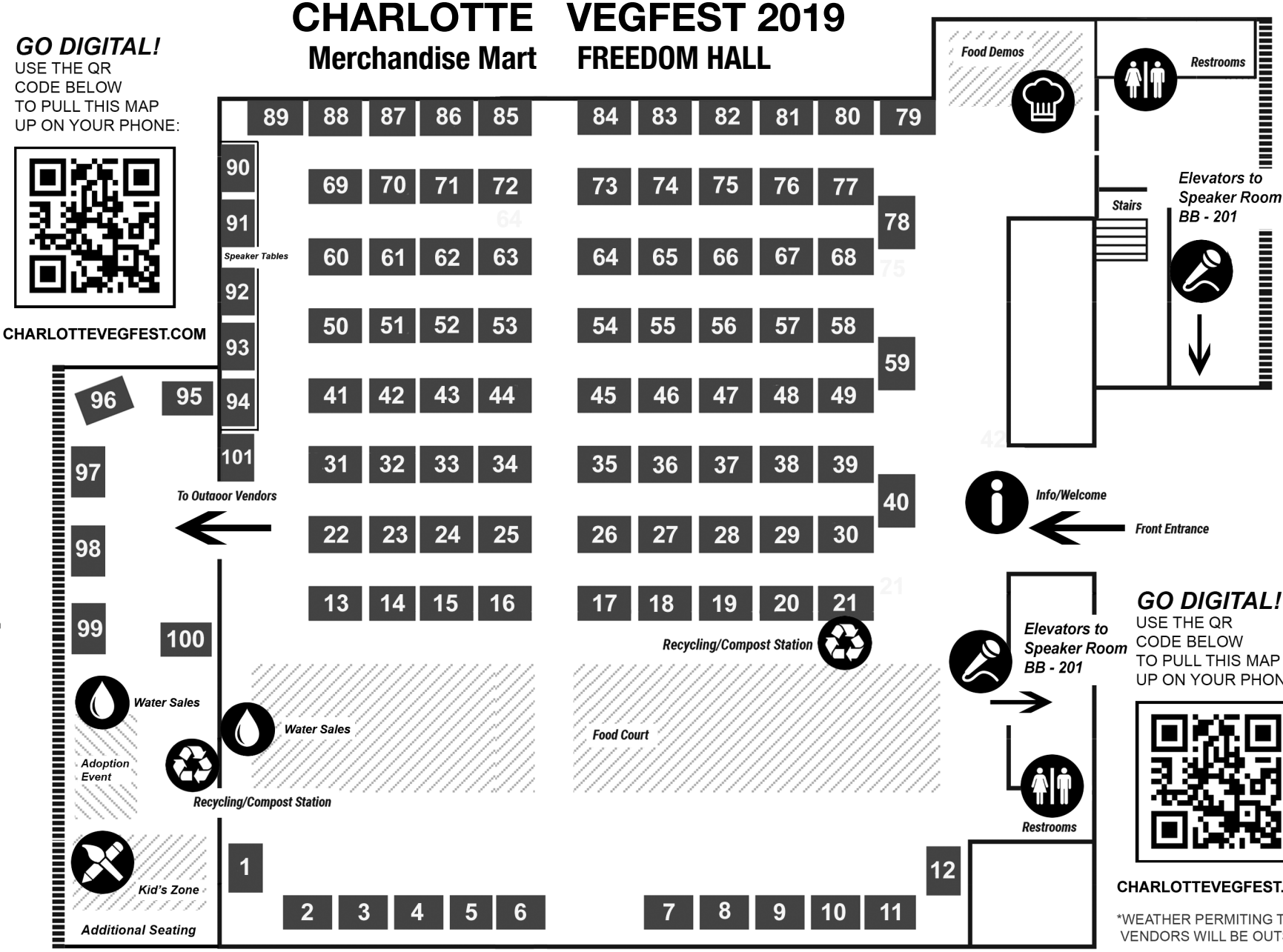
VENDOR LIST

84 All American Gutter Protection
83 Ananda Marga Yoga
55 Anonymous for the Voiceless: Charlotte
35 Apothepurity
94 Awaken Your Wellness
93 Badass Vegan
38 Balanced Menus for CMS
40 Barvecue
20 Bean Vegan Cuisine
18 Cafe Ganache
75 Candles 4 Life
80 Cat Smart Coalition
48 Changing Hearts
66 Charlotte Family Chiropractic
85 Charlotte Health Center
32 Cinnaholic
14 Compassionates LLC
1 Cooking with Joya
77 Cotton Branch Animal Sanctuary
21 Crown Town Compost
100 Dawg On Vegans*
61 Doshi
22 East Side Local
15 Eat at Verde
6 Edwins Organics
11 Fern Flavors From The Garden
56 Firestorm Books and Coffee
26 Good Earth Essentials
50 Goods and Evil Vegan Clothing
87 Gotta Have It Creations
70 Greater Life Chiropractic
59 Greener Apple
54 Hear Publishing LLC
73 Highest Path Nutrition
99 Hula Whip*
30 Hungry Harvest
24 ISKCON of Charlotte
37 It's Popping Gourmet Kettle Korn
5 Jai Food
90 Justin - Bitcoin Vegan
7 Jyoti's World Cuisine
91 Katya/Erin Ferguson
63 Kings Treasure LLC
44 Lady Ren's Bakery & Books
92 Leilani Munter
9 Living Kitchen
33 Lotus Flower Om
3 LotusLand Eats
43 Mood Indigo Soaps
13 Move That Dough Baking Co
17 MuuRaw Vegan
82 My Fit
88 My Green House LLC
74 Naturesville
71 Newport's Naturals
31 No Evil Foods
12 Nourish - Hot Food
39 Nourish - Service Table
78 Oatly/Giving table to The Bulb
46 OMG Alchemy
76 One the Salon
89 Originate Handcrafted Jewelry
45 Peace Ware Market
57 Pepperbox Donuts
51 Piedmont Farm Animal Refuge
97 Plant Based Pantry*
65 Plant Dining Partnerships
60 Potters Market Farms
81 Providence Chiropractic
34 Punjab Spice Company LLC
16 QC Italian Ice
69 Redefine Your Mind
42 Sanctuary Bistro

GO DIGITAL!

USE THE QR CODE BELOW TO PULL THIS MAP UP ON YOUR PHONE:

CHARLOTTEVEGFEST.COM



GO DIGITAL!

USE THE QR CODE BELOW TO PULL THIS MAP UP ON YOUR PHONE:

CHARLOTTEVEGFEST.COM

*WEATHER PERMITING THESE VENDORS WILL BE OUTSIDE

27 Sara May's Gourmet
86 Scout and Cellar
62 Share International Southeast
4 Soul Cocina
49 Sprouts
72 Stephanie Torres Real Estate w/ EXP Realty
53 Taylor Street Sweets
96 Taza Food Truck*
79 Teeminder Organic Apparel
36 The Green Assistant
29 The Hemp Food Company
58 The Humane League
28 The Loving Hut
23 TR Creations
47 True Flour
68 UpDog Kombucha
19 Veg Jaunts and Journeys
101 Vegan Love Culture
67 Vegan Outreach
2 Vegan Rich
10 Ve-Go Vegan To-Go
8 Viet Grill
41 Viva Raw - Cheese Table
98 Viva Raw - Tuk Tuk*
52 Whole Foods
25 Wicked Treatz
64 Youphoric Essentials
95 Zizi's*

ANIMAL ADOPTION EVENT - OUTSIDE

Angela's Ark*
Beagle Freedom Project*
Bullies 2 the Rescue*
Catering to Cats & Dogs*
P.E.A.R.*

SPEAKER ROOM IS UPSTAIRS 2ND FLOOR ROOM BB - 201

Help fight food waste with produce delivery that rescues all the fruits & veggies (even when they're pretty).

Every harvest saves at least 10 pounds of food, reduces the water waste and greenhouse gas emissions used to grow 'em, and supports local hunger-solving groups in Charlotte.

Get $10 off your first order
with code **QUEENCITY** at hungryharvest.net

HUNGRY HARVEST

LOOK!

AN AD IN THE VEGFEST PROGRAM

TRYING TO GET THE ATTENTION OF SOMEONE WHO MIGHT BE INTERESTED IN LEARNING ABOUT FOOD RESCUE AND OATMILK AND ENJOYING A BUNCH OF FREE VEGAN SNACKS MADE WITH RESCUED FOOD.

THE ORIGINAL OAT-LY!

the BULB

fern

flavors from the garden

Fresh. Hand-Crafted. Local.

1419 East Blvd. Suite A Charlotte, NC 28203

100% VEGETARIAN

Sun: 10am - 3pm
Mon - Fri: 10am - 10pm
Sat: 10am - 3pm & 5pm - 10pm

"Charlotte's Best Vegetarian Restaurant" - *Charlotte Magazine*

IT'S FOR EVERYONE!
omnivore, flexitarian, vegetarian & vegan approved

VEG OUT CHARLOTTE

SEPTEMBER 2019

From September 1st to September 30th, restaurants all around Charlotte are adding vegan options to their menu, therefore making our beloved city more animal and vegan-friendly!

For more info visit: bit.ly/VegOutCLT2019

SPROUTS FARMERS MARKET

IT'S HEALTHY LIVING® for less!

To find a location near you, visit **sprouts.com**

CLIP.SCAN.SAVE!

DOWNLOAD THE APP FOR $100+ IN SAVINGS EVERY MONTH

- DOWNLOAD THE APP
- CREATE AN ACCOUNT
- CLIP DIGITAL COUPONS
- SCAN AND ENJOY THE SAVINGS

THE GREENER APPLE

VEGAN & ECO-FRIENDLY

Food • Body Care

Home & Garden

Pet Supplies

Toys & More!

Located at Central Avenue &
The Plaza, *inside Book Buyers!*

CROWN TOWN COMPOST

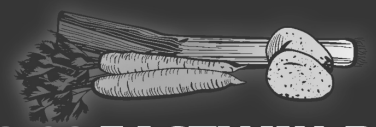
To compost your food waste at VegFest:

Find Compost Stations near the Food Court AND on the back porch! Use the signs to determine how to sort your compost vs. trash vs. recycling.

Questions? Visit The Green Assitant!

EASTSIDE LOCAL EATERY

COURTYARD CAFE
CATERING + EVENTS
VEGAN + VEG MENU



3102 **EASTWAY DR**
@ VISART VIDEO | (980) 585-2957

. boiling springs, nc .

CHANGING HEARTS FARM

A home for liberated farm animals where all are ***SAFE + RESPECTED***

JOIN US THIS EVENING

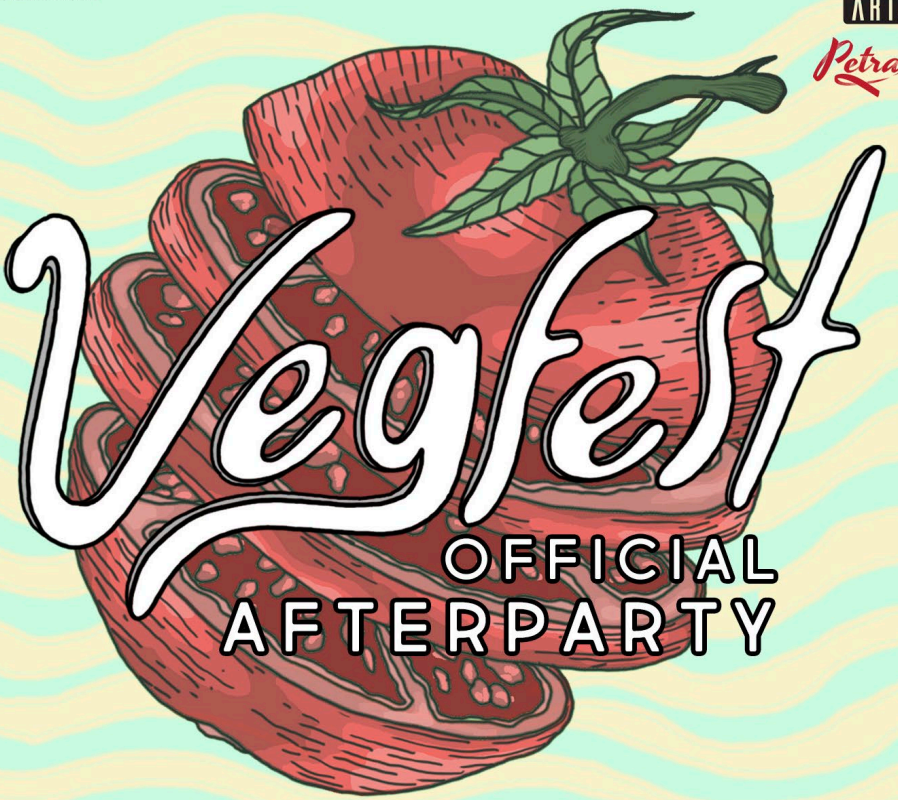
FOR THE OFFICAL AFTERPARTY

VEGFUND
supporting vegan advocates globally

PRESENTED BY VEGFUND + NOURISH CHARLOTTE

BARREL ARTS

Petra's



Vegfest

OFFICIAL AFTERPARTY

FEATURING

CELESTE MOONCHILD
IT LOOKS SAD.
CYANCA
DJ BY SEEBIRDGO

Charlotte VEGFEST

HEIST BARREL ARTS / SEPT. 7TH / 7:30–11
1030 WOODWARD AVE

NOURISH
PLANT-POWERED FOOD FOR MODERN LIFE
CHARLOTTE NC